# **Tutorial 4 - Contraction Principle**

## May 1, 2019

# Introduction

In today's tutorial we'll prove the contraction map theorem, that gives sufficient conditions for existence of a unique fixed point in a mapping of a metric space to itself. For more details, see (M) chapter 3, up to 3.3.

# Definitions

**Metric space** A metric set is a set *M* equipped with a metric *d* on *M*, i.e. a function

$$d: M \times M \to \mathbb{R}$$

such that for every  $x, y, z \in M$  the following holds:

1. 
$$d(x,y) = 0 \iff x = y$$

2. 
$$d(x,y) = d(y,x)$$

3.  $d(x,y) \le d(x,z) + d(z,y)$  (triangle inequality)

Examples:

- $M = \mathbb{R}^n$ ,  $d(x, y) = \sqrt{\sum (x_i y_i)^2}$
- $M = \mathbb{R}^+, d(x, y) = |\log(y/x)|$
- Any vector space V with a norm  $||\cdot||$ , with the metric defined as d(x,y) = ||x-y||. For example,  $M = \{f : [a,b] \to \mathbb{R} : \int_a^b |f(x)|^2 dx < \infty\}, d(f,g) = \int_a^b |f(x) - g(x)|^2 dx$

**Cauchy sequence (in a metric space)** Given a metric space (M,d), a sequence  $\{x_n\}_{n=1}^{\infty} \subset M$  is Cauchy if, for any  $\varepsilon > 0$  there exists an integer  $N \in \mathbb{N}$  such that for all positive integers n, m > N,

$$d(x_n, x_m) < \varepsilon.$$

Property: Every convergent sequence is a Cauchy sequence.

**Complete metric space** A complete metric space is a metric space (M,d) in which all Cauchy sequences converge to limits in M.

*Examples:*  $\mathbb{R}$ , [0, 1] with d(x, y) = |x - y|. *Counter-examples:*  $\mathbb{Q}$ , (0, 1] with d(x, y) = |x - y|. **Contraction mapping** Let (X,d) be a metric space. Then a map  $T: X \to X$  is called a contraction map on X if there exists  $c \in [0,1)$  such that

$$d(T(x), T(y)) \le cd(x, y)$$

for all  $x, y \in X$ . *Examples:* 

- $X = \mathbb{R}, d(x, y) = |x y|, T(x) = x/2$ . Who is *c*?
- The logistic map for r < 1:  $x_{n+1} = rx_n(1 x_n)$ .

*Obvious property:* A contraction map is Lipschitz continuous, i.e.  $f: X \to X$  with  $d(f(x), f(y)) \le Kd(x, y)$  for  $K \ge 0$ .

## **Contraction Map Theorem**

AKA Banach-Caccioppoli fixed-point theorem.

**Contraction Map Theorem** Let (X,d) be a non-empty complete metric space with a contraction mapping  $T: X \to X$ . Then *T* admits a unique fixed point  $x^* = T(x^*) \in X$ .

**Proof:** Choose some  $x_0 \in X$  and define the following sequence:

$${x_n}_{n=1}^{\infty}$$
 :  $x_n = T(x_{n-1})$ .

Then, for all  $n \in \mathbb{N}$ , from the contraction mapping

$$d(x_n, x_{n-1}) \le q d(x_{n-1}, x_{n-2}) \le q^2 d(x_{n-2}, x_{n-3}) \le \dots \le q^n d(x_1, x_0).$$

with  $0 \le q < 1$ .

**This sequence is a Cauchy sequence:** For  $m, n \in \mathbb{N}$  with m > n,

$$d(x_m, x_n) \le d(x_m, x_{m-1}) + \dots + d(x_{n+1}, x_n)$$
  
$$\le (q^{m-1} + q^{m-2} + \dots + q^n) d(x_1, x_0)$$
  
$$\le q^n d(x_1, x_0) \sum_{k=0}^{m-n-1} q^k$$
  
$$\le q^n d(x_1, x_0) \sum_{k=0}^{\infty} q^k = q^n d(x_1, x_0) \frac{1}{1-q}$$

Given  $\varepsilon > 0$ , since  $q \in [0, 1)$  there exists  $N \in \mathbb{N}$  large enough such that

$$q^N < \frac{\varepsilon(1-q)}{d(x_1,x_0)}.$$

Thus, for n, m > N,

$$d(x_m, x_n) \le q^n d(x_1, x_0) \frac{1}{1-q} < \frac{\varepsilon(1-q)}{d(x_1, x_0)} d(x_1, x_0) \frac{1}{1-q} = \varepsilon.$$

Thus this sequence is a Cauchy sequence, and by completeness of (X,d) the sequence has a limit  $x^* \in X$ .

#### This limit is a fixed point of *T* :

$$x^* = \lim_{n \to \infty} x_n = \lim_{n \to \infty} T(x_{n-1}) = T(\lim_{n \to \infty} x_{n-1}) = T(x^*),$$

where the third equality results from the continuity of T.

Another way to prove this: Suppose N is large enough such that  $d(x_n, x^*) < \varepsilon$  for all n > N, then:

$$d(T(x^*), x^*) \le d(T(x^*), x_{n+1}) + d(x_{n+1}, x^*) \le d(T(x^*), T(x_n)) + d(x_{n+1}, x^*) \le (q+1)\varepsilon$$

Since this is true for any  $\varepsilon > 0$ , the distance is 0 and  $T(x^*) = x^*$ .

**The limit is unique:** Assume two fixed points  $p_1 = T(p_1)$  and  $p_2 = T(p_2)$ . From the contraction property of *T*,

$$d(T(p_1), T(p_2)) \le q \cdot d(p_1, p_2) = q \cdot d(T(p_1), T(p_2)).$$

Since q < 1, this means that  $d(p_1, p_2) = 0$  and from the definition of a metric space this means  $p_1 = p_2$ .  $\Box$ 

#### **Examples:**

• M = [a,b], d(x,y) = |x-y|. This example can be analyzed graphically:

Consider a mapping  $T : [0,1] \rightarrow [0,1]$  satisfying the contraction condition. This means that its slope is never above 1, and therefore it must cross the y = x line once and only once:

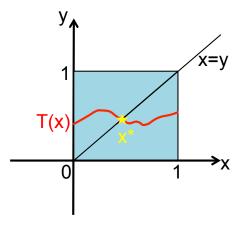


Figure 1: A general 1D contraction map.

- Importance of completeness of the metric space: Consider M = (0,1], d(x,y) = |x y|, T(x) = x/2. Then all of the conditions for the contraction map theorem hold except for completeness of the metric space, and indeed the map does not have a fixed point in M.
- $M = C^0(\mathbb{S}^1)$  is the space of continuous functions on the unit circle that are periodic with period 1: f(x) = f(x+1). The distance between two functions is defined by the sup norm:  $d(f,g) = \sup_x |f(x) - g(x)|$ .

Consider the mapping operator

$$T(f)(x) = \frac{1}{2}f(2x).$$

Then  $T(f) \in C^0(\mathbb{S}^1)$ , and  $d(T(f), T(g)) = \frac{1}{2}d(f, g)$ . Therefore *T* is a contraction map and hence it has a fixed point, which in this case is a function  $f^*(x) : [0, 1] \to \mathbb{R}$  that satisfies  $T(f^*)(x) = \frac{1}{2}f^*(2x)$  for all values of *x*.

What is  $f^*$ ? According to the theorem, any initial function will converge to  $f^*$ , so it suffices to check one. For example, take  $f_0(x) = \sin 2\pi x$ . Then  $f_1(x) = T(f_0)(x) = \frac{1}{2}\sin 4\pi x$ , and  $f_n(x) = \frac{1}{2^n}\sin 2^{n+1}\pi x$ . In the sup norm, this sequence converges to 0:

$$\sup_{x} \{f_n(x) - 0\} = \sup_{x} \{f_n(x)\} = \frac{1}{2^n} \sup_{x} \{\sin 2^{n+1} \pi x\} = \frac{1}{2^n} \underset{n \to \infty}{\longrightarrow} 0.$$

• A more interesting example: Consider the same *M* and *d* as the previous example, with the following mapping:

$$T(f)(x) = \cos 2\pi x + \frac{1}{2}f(2x)$$

This is still a contraction mapping (check!), so the theorem holds and the map has a single fixed point  $f^*(x)$ . Again, to find the fixed point let's consider the initial function  $f_0 = \sin(2\pi x)$ . Then

$$f_1(x) = \cos 2\pi x + \frac{1}{2}\sin(4\pi x),$$
  

$$f_2(x) = \cos 2\pi x + \frac{1}{2}\cos 4\pi x + \frac{1}{4}\sin(8\pi x)),$$
  

$$f_j(x) = \sum_{n=1}^{j-1} \frac{\cos(2^{n+1}\pi x)}{2^n} + \frac{1}{2^j}\sin(2^{j+1}\pi x)$$

The last term goes to zero in the sup-norm, and by the contraction-mapping theorem, the result is guaranteed to be unique and continuous. The fixed point is not an elementary function; it is an example of a Weierstrass function (continuous everywhere, differentiable nowhere), see Fig. 2.

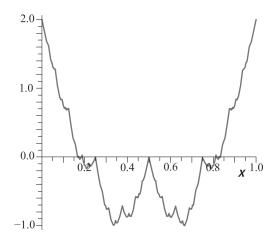


Figure 2: The Weierstrass function (from (M) chapter 3).

- Proof of the theorem about persistence of period-m maps given small perturbations.
- Proof of existence and uniqueness of solutions to ODEs:

**Theorem - Picard-Lindelof Existence and Uniqueness** Consider the initial value problem

$$\dot{x} = f(x), x(t_0) = x_0$$

for  $x : \mathbb{R} \to \mathbb{R}^n$ ,  $f : \mathbb{R}^n \to \mathbb{R}^n$ .

Suppose that for  $x_0 \in \mathbb{R}^n$ , there is a *b* such that  $f : B_b(x_0) \to \mathbb{R}^n$  is Lipschitz with constant *K*. Then the initial value problem has a unique solution x(t) for  $\theta \in J = [t_0 - a, t_0 + a]$ , provided that a = b/M where  $M = \max_{x \in B_b(x_0)} |f(x)|$ .

Proof idea:

Look at the integrated problem  $x(t) = x_0 + \int_{t_0}^t f(x(\tau)) d\tau$ , and define the map:

$$T(u)(t) = x_0 + \int_{t_0}^t f(u(\tau))d\tau.$$

Then  $x^*(t)$  is a solution to the initial value problem iff it is a fixed point of T. One can show that T is a contraction for short enough times and therefore a solution  $x^*(t)$  exists and is unique. The full proof appears in (M), chapter 3.